

# 2010 – Tour Schedule

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**Melissa (Missy) Bradley, MS, NCC, BCETS, FAAETS**

## January

- January 6, 2010 - NOT ALONE - Operation Foxtrot - 7-9pm (for more information: [www.notalone.com](http://www.notalone.com))
- January 12, 2010 - Columbus, OH - The Psychology of Resilience: A Multi-Modal Approach For Thriving Using The Heroic Journey
- January 13, 2010 - Dayton, OH - The Psychology of Resilience: A Multi-Modal Approach For Thriving Using The Heroic Journey
- January 14, 2010 - Cincinnati, OH - The Psychology of Resilience: A Multi-Modal Approach For Thriving Using The Heroic Journey
- January 20, 2010 - NOT ALONE - Operation Foxtrot - 7-9pm (for more information: [www.notalone.com](http://www.notalone.com))
- January 21, 2010 - Nashville, TN - Team Building - VACO Consulting and Recruiting
- January 25, 2010 - NOT ALONE - Operation Foxtrot - 7-9pm (for more information: [www.notalone.com](http://www.notalone.com))
- January 27, 2010 - Charleston, WV - The Psychology of Resilience: A Multi-Modal Approach For Thriving Using The Heroic Journey
- January 28, 2010 - Lexington, KY - The Psychology of Resilience: A Multi-Modal Approach For Thriving Using The Heroic Journey
- January 29, 2010 - Louisville, KY - The Psychology of Resilience: A Multi-Modal Approach For Thriving Using The Heroic Journey

## February

- February 3, 2010 - NOT ALONE - Operation Foxtrot - 7-9pm (for more information: [www.notalone.com](http://www.notalone.com))
- February 8, 2010 - NOT ALONE - Operation Foxtrot - 7-9pm (for more information: [www.notalone.com](http://www.notalone.com))
- February 10, 2010 - Nashville, TN - Gaylord Entertainment Company - Stress Management Techniques
- February 16, 2010 - Raleigh, NC - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey
- February 17, 2010 - Richmond, VA - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey
- February 16, 2010 - Virginia Beach, VA - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey
- February 22, 2010 - Nashville, TN - NET - Nashville Area EMDR Therapists - "Finding the Hero Within Using EMDR" - for more information, please email [heroicjourney@comcast.net](mailto:heroicjourney@comcast.net)
- February 24, 2010 - Brentwood/Franklin (Cool Springs), TN - Living A Resilient Life: Finding the Hero/Heroine Within - 1:00pm to 4:30pm
- February 27, 2010 - Ft. Myers, FL (Cape Coral) - "Living A Heroic Life " - Tri-County Mental Wellness and Resiliency Conference - Location: Grace United Methodist Church, Cape Coral, FL

## March

- March 4, 2010 - Brentwood, TN - Leadership Brentwood Class of 2010 Closing Retreat

- March 10, 2010 - Lubbock, TX - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey
- March 11, 2010 - Dallas, TX - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey
- March 12, 2010 - Shreveport, LA - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey
- March 15, 2010 - Jackson, MI - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey
- March 16, 2010 - New Orleans, LA - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey
- March 17, 2010 - Mobile, AL - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey
- March 19, 2010 - Nashville, TN - Gaylord Entertainment Company - Living Green
- March 29, 2010 - Franklin, TN (Cool Springs) - Open to general public - Living A Resilient Life: Finding the "Hero" Within (1pm-4:30pm) - for more information please email heroicjourney@comcast.net
- March 30, 2010 - Franklin, TN (Cool Springs) - Open to general public - Introduction to Meditation and Wellness: Techniques for Resilience (3pm - 5:30pm) - for more information please email heroicjourney@comcast.net
- March 30, 2010 - Franklin, TN (Cool Springs) - Open to general public - Meditation Techniques for Anxiety and Chronic Pain (Noon - 1pm) - for more information please email heroicjourney@comcast.net

#### April

- April 7, 2010 - Grand Rapids, MI - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey
- April 8, 2010 - Saginaw, MI - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey
- April 9, 2010 - Sterling Heights, MI - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey
- April 12, 2010 - Nationwide Webcast - "Not Alone: Warrior's Spouse's Group" 7pm-9pm CST - for more information, please contact [www.notalone.com](http://www.notalone.com)
- April 16, 2010 - Lebanon, TN - Prospect, Inc. - Stress Management
- April 19, 2010 - Nationwide Webcast - "Not Alone: Warrior's Spouse's Group" 7pm-9pm CST - for more information, please contact [www.notalone.com](http://www.notalone.com)
- April 20, 2010 - Lebanon, TN - Prospect, Inc. - Stress Management
- April 23, 2010 - Franklin, TN (Cool Springs) - Open to general public. To register or for more information, please contact heroicjourney@comcast.net or 615-377-6002                      615-377-6002
  - Introduction to Meditation - 8-9:30am
  - Creative Writing for Fun and Good Health 11-1pm
  - Living A Resilient Life: Finding the Hero Within - 2pm- 5:30pm
- April 26, 2010 - Nationwide Webcast - "Not Alone: Warrior's Spouse's Group" 7pm-9pm CST - for more information, please contact [www.notalone.com](http://www.notalone.com)
- April 28, 2010 - Toledo, OH - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey
- April 29, 2010- Lansing, MI - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey
- April 30, 2010 - Detroit, MI -The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey

#### May

- May 3, 2010 - Nationwide Webcast - "Not Alone: Warrior's Spouse's Group" 7pm-9pm CST - for more information please contact [www.notalone.com](http://www.notalone.com)
- May 11, 2010 - Harlingen/South Padre Island, TX - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CEs available)
- May 12, 2010 - Houston, TX - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CEs available)
- May 13, 2010 - Austin, TX - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CEs available)
- May 14, 2010 - San Antonio, TX - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CEs available)

## June

- June 9, 2010 - Fresno, CA - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CEs available)
- June 10, 2010 - San Jose, CA - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CEs available)
- June 11, 2010 - San Francisco, CA - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CEs available)
- June 23, 2010 - Oakland, CA - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CEs available)
- June 24, 2010 - Sacramento, CA - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CEs available)
- June 25, 2010 - Reno, NV - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CEs available)
- June 29, 2010 - Franklin/Cool Springs - Living A Resilient Life: Finding the Hero Within 8am - Noon - for more information, contact 615-377-6002                      615-377-6002 .

## July

- July 14, 2010 - Springfield, MO - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CEs available)
- July 15, 2010 - Tulsa, OK - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CEs available)
- July 16, 2010 - Oklahoma City, OK - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CEs available)
- July 20, 2010 - Nashville, TN - "Resilience for the Community, Your Family and Yourself." Bellevue YMCA 7-9pm (FREE, no reservations needed). Sponsored by The United Way of Middle Tennessee, Cross Country Education and Centerstone
- July 28, 2010 - Team Building - Brentwood, TN - Cappella Healthcare (closed session)
- July 30, 2010 - Finding That Hero Within - Franklin/Cool Springs, TN. 8am to noon. Reservations required. See homepage for more information. RESCHEDULED
- July 30, 2010 - The Economy of Resilience: What Thriving Businesses Do - Franklin/Cool Springs, TN. 1pm to 4pm. Reservations required. See homepage for more information. RESCHEDULED

## August

- August 4, 2010 - Cheyenne, WY - Three Stages of Healing: Trauma Conversion and Resilience (clinical CEs available)
- August 5, 2010 - Denver, CO - Three Stages of Healing: Trauma Conversion and Resilience (clinical CEs available)

- August 6, 2010 - Salt Lake City, UT - Three Stages of Healing: Trauma Conversion and Resilience (clinical CEs available)
- August 19, 2010 - Finding That Hero Within - Franklin/Cool Springs, TN. 8am to noon. Reservations required. See homepage for more information. - RESCHEDULED
- August 19, 2010 - The Economy of Resilience: What Thriving Businesses Do - Franklin/Cool Springs, TN. 1pm to 4pm. Reservations required. See homepage for more information. - RESCHEDULED
- August 30, 2010 - Sex In the City Radio Interview 7pm EST - Living A Resilient Life

#### September

- September 14, 2010 - Schaumburg, IL - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CE's available)
- September 15, 2010 - Davenport, IA - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CE's available)
- September 16, 2010 - Bloomington, IL - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CE's available)
- September 17, 2010 - Chicago, IL (downtown) - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CE's available)
- September 24, 2010 - Brentwood, TN - Finding the Hero Within: Living Your Resilient Life (open to the public - half day)
- September 24, 2010 - Brentwood, TN - Don't Bubble-Wrap the Kids: Families and Communities Raising Truly Resilient Children
- September 29, 2010 - Appleton, WI - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CE's available)
- September 30, 2010 - Madison, WI - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CE's available)

#### October

- October 1, 2010 - Milwaukee, WI - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CE's available)
- October 18, 2010 - St. Louis, MO - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CE's available)
- October 19, 2010 - Kansas City, MO - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CE's available)
- October 20, 2010 - Wichita, KS - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CE's available)

#### November

- November 3, 2010 - Spokane, WA - Three Stages of Healing: Trauma Conversion and Resilience (clinical CE's available)
- November 4, 2010 - Portland, OR - Three Stages of Healing: Trauma Conversion and Resilience (clinical CE's available)
- November 5, 2010 - Seattle, OR - Three Stages of Healing: Trauma Conversion and Resilience (clinical CE's available)
- November 16, 2010 - Roanoke, VA - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CE's available)
- November 17, 2010 - Winston-Salem, NC - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CE's available)

- November 18, 2010 - Charlotte, NC - The Psychology of Resilience: A Multi-Modal Approach for Thriving Using the Heroic Journey (clinical CE's available)
- November 22, 2010 - International Internet Radio - Sex in Our Cities - Living Resiliently Through the Holidays and Beyond

## December

- December 1, 2010 - Fresno, CA - Three Stages of Healing: Trauma Conversion and Resilience (clinical CEs available)
- December 2, 2010 - San Jose, CA - Three Stages of Healing: Trauma Conversion and Resilience (clinical CEs available)
- December 3, 2010 - San Francisco, CA - Three Stages of Healing: Trauma Conversion and Resilience (clinical CEs available)
- December 6, 2010 - Oakland, CA - Three Stages of Healing: Trauma Conversion and Resilience (clinical CEs available)
- December 7, 2010 - Sacramento, CA - Three Stages of Healing: Trauma Conversion and Resilience (clinical CEs available)
- December 8, 2010 - Reno, CA - Three Stages of Healing: Trauma Conversion and Resilience (clinical CEs available)
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