

COUNSELING VICTIMS OF TRAUMA: THE HEROIC JOURNEY

Please select a date and location: RALEIGH - October 11 RICHMOND - October 12 NORFOLK - October 13
 ROANOKE - October 25 WINSTON-SALEM - October 26 CHARLOTTE - October 27

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CROSS COUNTRY EDUCATION

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Registration Fee:

	Early*	Regular
Single Registrant	\$149	\$169
2 to 4**	\$139 ea.	\$159 ea.
5 or more**	\$129 ea.	\$149 ea.

*Registrations received 10 days prior to seminar date.
 **Price per person when registering at the same time.
 10 or more registrants call for pricing.

I am registering and would like to order an audio set for \$49: audiotapes CDs

Counseling Victims of Trauma: The Heroic Journey

Audio and course manual package: \$149 plus \$8 S&H
 No. of copies ___ audiotapes CDs

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Counseling Victims of Trauma: The Heroic Journey

From the person who brought you
 "Counseling Victims of Sexual Trauma: Three Stages of Healing"

Continuing education available for Social Workers, Counselors, Case Managers, Nurses, Psychologists, Alcoholism and Drug Abuse Counselors. See inside for details.

- ◆ Define effective techniques for working with individuals who have faced intentional and violent trauma: suicide, homicide, terrorist attack
- ◆ Discover prevention and intervention planning for those who are at high risk or have already experienced natural disaster: floods, tornadoes, hurricanes, earthquakes, landslides and more
- ◆ Examine how to work effectively with survival responses—making friends with the sympathetic and parasympathetic nervous system
- ◆ Identify techniques to help victims of trauma integrate and move beyond the trauma—The Mythical Journey
- ◆ Understand the spiritual dilemma many victims of trauma face
- ◆ Explore the issues military families and veterans face before, during and after deployment—helping the whole family heal

Raleigh, NC - October 11

Richmond, VA - October 12

Norfolk, VA - October 13

Roanoke, VA - October 25

Winston-Salem, NC - October 26

Charlotte, NC - October 27



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*From the person who brought you
“Counseling Victims of Sexual Trauma: Three Stages of Healing”*

Counseling Victims of Trauma: The Heroic Journey

From Victim to Transformation

Statistics indicate hundreds of millions of people in the United States are impacted by trauma every year. Natural disasters occur in every state and suicide is the 11th cause of death. Homicide is the leading cause of death in certain age groups and races and claims the lives of nearly 20,000 people a year. In 2000, there were more than 26 million military veterans and even more family members impacted by the military sacrifice. By sheer magnitude, a huge percentage of any professional caregiver’s caseload will probably be made up of people who are primary or secondary victims of these traumas. A significant number of those clients will have already experienced multiple traumas.

This important, one-day seminar will help professionals learn more about both the obvious and the subtle issues faced when working with these trauma victims. New breakthroughs in trauma research have made many approaches obsolete and even re-traumatizing. The instructor will lead attendees through the physiological, emotional, spiritual, cognitive and physical aspects of taking patients through the heroic journey—from despair to transformation.

More than 20,000 attendees were trained by Ms. Bradley with her seminar “Counseling Victims of Sexual Trauma: Three Stages of Healing.” Those attending this new seminar will get the same high-quality manual and useful information to work with these specific trauma victims.

Course Director



MELISSA (MISSY) BRADLEY, MS, NCC, BCETS, FAAETS, is a nationally recognized educator, clinical and corporate consultant and author. Her seminar “Counseling Victims of Sexual Trauma: The Three Stages of Healing,” has been attended by tens of thousands of professionals and received with critical acclaim. Ms. Bradley is a Fellow, Diplomate and Board Certified Expert in Traumatic Stress for the American Academy of Experts in Traumatic Stress, and a National Certified Counselor. Ms. Bradley has spent more than 20 years providing individual, group and family therapy. She is in private practice in Nashville, Tennessee. As an EMDR trained (Level I and Level II; specialized protocol trainings) psychotherapist, she has had extensive experience in the field of trauma and trains personnel at medical and mental health agencies, universities, crisis lines, school systems, corporations and retreat centers in working with victims of trauma, other mental health, wellness issues and professional development.

Ms. Bradley is a frequent guest on regional and national radio and television news shows discussing a wide range of issues, including working with veterans. Several of these shows addressing the subject of rape and sexual abuse have won prestigious national and international media awards, including the Scripps Howard Award for Broadcasting Excellence, the Edward R. Murrow Award, the Tennessee Educator’s Association and the New York Festival. In addition to two decades of professional skills, Bradley also draws on her personal experiences of trauma, her marriage to a war veteran and more. To learn more about Ms. Bradley, visit www.omnibuswellness.org.

Who Should Attend

- ◆ Psychotherapists
- ◆ Psychologists
- ◆ Social Workers
- ◆ Nurses
- ◆ Physicians
- ◆ Pastoral Counselors and Clergy
- ◆ Crisis Intervention Counselors
- ◆ Counselors
- ◆ Marriage and Family Therapists
- ◆ Victim Advocates
- ◆ Drug and Alcohol Counselors
- ◆ Community Mental Health Providers
- ◆ Guidance Counselors
- ◆ Law Enforcement
- ◆ Case Managers



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What You Will Learn

- ◆ Understand safe processing of trauma with all victims of trauma
- ◆ Discover how to help clients rebuild (physically, emotionally and philosophically) after a natural disaster
- ◆ Examine how to frame the Heroic Journey from despair to transformation by use of myth and stories
- ◆ Identify how the central nervous system impacts trauma processing
- ◆ Understand how basic military training complicates the counseling process
- ◆ Discuss the unique issues military families and veterans face
- ◆ Explore the difference between grief and traumatic grief and how to treat them

Our Guarantee

Cross Country Education is a national leader in high-quality educational products and services for the health care industry. We have trained over one million health care providers, managers, nurses, professionals and key personnel through our seminars, conferences and study programs. Our programs are guaranteed to improve the effectiveness and efficiency of participants. If you attend one of our one-day seminars and do not receive the professional or business benefits described in our literature, or have some other professional complaint, please let us know in writing within seven days of the program. We will issue a credit voucher that you or anyone in your facility may use toward another one-day seminar or audio program. You may contact us at Cross Country Education, P.O. Box 305006, Nashville, TN, 37230-5006.

Dates & Locations

RALEIGH - October 11, 2006

Hilton Raleigh-Durham
4810 Page Rd., Durham, NC 27709 (919) 941-6000

RICHMOND - October 12, 2006

Richmond Marriott West
4240 Dominion Blvd., Glen Allen, VA 23060 (804) 965-9500

NORFOLK - October 13, 2006

Courtyard by Marriott Norfolk Downtown
520 Plume St., Norfolk, VA 23510 (757) 963-6000

ROANOKE - October 25, 2006

Holiday Inn Hotel Tanglewood
4468 Starkey Rd., Roanoke, VA 24014 (540) 774-4400

WINSTON-SALEM - October 26, 2006

Holiday Inn Select
5790 University Pkwy., Winston-Salem, NC 27105 (336) 767-9595

CHARLOTTE - October 27, 2006

Ramada Inn and Conference Center
212 Woodlawn Dr., Charlotte, NC 28217 (704) 525-8350

Course Hours

Registration begins at 7:30 a.m. The seminar **begins at 8:00 a.m.** and **concludes at 3:30 p.m.** Lunch is on your own from 11:30 a.m. to 12:30 p.m. For late arrivals or early departures, please see amended certificate information under Continuing Education Credit.

*“The seminar was absolutely wonderful and inspiring!
I would attend any seminar she teaches.”*

Catherine Joseph-Ashton
Department of Psychiatry, Chicago, Illinois

COURSE CONTENT

BEGINNING THE JOURNEY

- ◆ Getting the framework of healing
- ◆ The traumatized nervous system—parasympathetic vs. sympathetic nervous system
- ◆ Treatment vs. management of trauma
- ◆ The path toward healing
- ◆ How child trauma impacts the healing of new trauma

INTENTIONAL TRAUMA—WORKING WITH FAMILIES OF HOMICIDE, SUICIDE AND TERRORIST ATTACK

- ◆ Grief vs. traumatic grief
- ◆ Safe vs. unsafe memories processing
- ◆ Understanding the suicidal trance—prevention
- ◆ Vicarious trauma for first responders
- ◆ Dark humor
- ◆ Complicated closure
- ◆ First responders—the forgotten victims
- ◆ Crime Victim’s Compensation Fund

UNINTENTIONAL TRAUMA—WORKING WITH FAMILIES OF ALL NATURAL DISASTERS

- ◆ Prevention assistance—disaster plans
- ◆ Federal and state resources for the professional and the community
- ◆ Putting the horse BEFORE the cart—creating safety emotionally and physically
- ◆ Rebuilding: physically, emotionally and philosophically
- ◆ Vicarious trauma for the professionals

THE MILITARY EXPERIENCE—WORKING WITH VETERANS AND THEIR FAMILIES

- ◆ Trauma or no trauma?
- ◆ Building the therapeutic alliance
- ◆ What many vets wish civilians understood
- ◆ Processing the “unspeakable”
- ◆ “Who is this stranger in my loved one’s body?”
- ◆ Military sexual assault
- ◆ Rituals of healing using myth and history
- ◆ Spirituality: strengthened or shattered—the vet’s spiritual dilemma
- ◆ The family sacrifices—working with marital and parenting issues
- ◆ Helping children of veterans
- ◆ Finding helpful resources—running the gauntlet of red tape

THE HEROIC JOURNEY TO TRANSFORMATION

- ◆ From despair to transformation
- ◆ The use of myth to building understanding and inspiration
- ◆ The new philosopher
- ◆ Meeting the future self

QUESTIONS AND ANSWERS

Continuing Education Credit

Social Workers: Cross Country Education provider #1005, is approved as a provider for social work continuing education by the Association of Social Work Licensure Boards (ASWB), through the Approved Continuing Education (ACE) program (approved through 1-27-09). Cross Country Education maintains responsibility for the program. Social workers will receive 6 continuing education clock hours for participating in this course. Licensed social workers should contact their individual state jurisdiction to review the current continuing education requirements for licensure renewal. Visit ASWB's website at www.aswb.org for more information.



Counselors: Cross Country Education is an NBCC Approved Continuing Education Provider (ACEP™) and may offer NBCC approved clock hours for events that meet NBCC requirements. (NBCC Provider #5904) The ACEP solely is responsible for all aspects of the program. Six (6) contact (clock) hours are being awarded for completion of this program.



Psychologists: Cross Country Education is approved by the American Psychological Association to sponsor continuing education for psychologists. Cross Country Education maintains responsibility for this program and its content. This program offers 6 CE credits for psychologists. Full attendance is required to receive credit for psychologist, variable credit for partial attendance may not be awarded based on the APA guidelines.

Nurses: Cross Country Education is an approved provider of continuing nursing education by the Tennessee Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Provider #044013109, this course is offered for 7.2 contact hours. Cross Country Education is an approved provider with the Iowa Board Of Nursing, approved provider #328. This course is offered for 7.2 contact hours. Cross Country Education is approved by the California Board of Registered Nursing, Provider #CEP 13345, for 7.2 contact hours. Cross Country Education is an approved provider by the Florida Board of Nursing, provider #50-466. This course is offered for 7.2 contact hours.



Alcoholism and Drug Abuse Counselors: Cross Country Education is an approved provider by NAADAC Approved Education Provider Program (Provider #369). This course is offered for 6 contact hours.



Case Managers: This program has been submitted to the Commission for Case Manager Certification for 6 clock hours of continuing education.

Other professions: This seminar qualifies for 6 continuing education hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements.

All professionals: In order to process continuing education, please bring the appropriate license/certification number to the seminar.

Amended certificates: Please note that the credit hours listed above are offered by Cross Country Education and/or boards/associations for a full day's attendance. In the event of late arrival and/or early departure, amended certificates indicating the actual number of credit hours earned will be provided upon calling Cross Country Education.

ADA: If you require ADA accommodations, please contact Cross Country Education at least two weeks before the seminar date so that arrangements can be made.

Audio Products

If you would like to order the audio/manual package for this seminar, it is available for \$149, plus \$8 shipping and handling. If you are registered to attend this seminar, you may order a set of tapes/CDs for this program at \$49 each. Order online at our website, by faxing or mailing the registration form on this brochure or by calling (800) 397-0180. Supply may be limited. Please call to check for availability. Participant use of recording devices at the seminar is not permitted. Please allow 4 to 6 weeks following the seminar date for delivery.

Disclaimer: Any opinions, findings, recommendations or conclusions expressed by the author(s) or speaker(s) do not necessarily reflect the views of Cross Country Education. Cross Country Education reserves the right to substitute a qualified instructor due to unforeseen circumstances.

Registrants will not receive a certificate until payment has been received. If payment is not received ten (10) days prior to the seminar, the certificate may not be present at the seminar.

Confirmations & Cancellations

Confirmations of registration are sent via fax within three days of receipt in our office. If a faxed confirmation cannot be sent, a post card is mailed.

If you have not received a confirmation within five days of the program, please call our office at (800) 397-0180 to verify registration. Cancellations received at least five working days before the seminar are refundable less a \$20 administrative charge per registrant. For cancellations received later, a credit will be issued toward a future seminar or product order. Please note that if you register and do not attend, you are still liable for full payment. Substitutions may be made at any time.

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